



VA induced suicide is psychological warfare & terrorism developed by US military and alphabet government agencies during Korea War era. Popularly known as MK-Ultra and similar programs that developed mental and other terrorism used against people and masses. It involves mentally torturing a target, using drug induced paranoia and psychological abuse, combined sometimes with physical abuse, until a person has a psychotic break down and self-destructs or goes absolutely insane. During Korea War US tested it on prisoners of war and US soldiers. It has since spread into civilian society and Medical MHC, too. Non-military MHC calls it 'Gaslighting' and other reality altering head games, which when proven is criminal mental abuse. When proven in death cases, the person guilty of the crime is tried and sentenced for criminal murder. Women mostly claim mental duress against men; however, women do it more against men and boys – rarely as abuse on her daughters. She most often teaches them to manage men using mom's vicious tactics. Like mother like daughter. She is victimizer and he her victim. When a woman is challenged for her nasty deeds, she switches into victim role to cover her crimes. At nearly 70 years old, I still live and struggle with psychological wounds inflicted when I was a small child from my mother's abuse; she used me as her scapegoat to vent anger and hatred against my dad for his imagined abuses against her. Today it is known as the ***Medea Complex***. Named after the Greek Tragedy of Medea who destroyed her kids to spite their father; **dad's sins were her imagination**; her abuse was destructively real. She not only applied psychological abuse but physical as well – she broke bones and drew blood while blaming dad for her actions – 'your father made me do this to you,' and her mental torture remains long after blood and broken bones have healed. Today, the woman would be in prison. Back then it was accepted child management and condoned in a Socialist society as proper. Induced suicide is that same deadly abuse that is going on today at Dept of Veterans Affairs to murder veterans. The best definition of it that I have found labeled as, **Psychological Murder by Covert Abuse**.

Pernicious Abuse

It goes unrecognized but it exists. It exists on an extremely covert level. It happens behind the scenes without anyone even being aware of what the problem is; the real problem. No evidence of it is left behind and no-one has ever been convicted of it yet in reality, what I will term *pernicious abuse* is something which can and does have a devastating effect, not just on the victim, but also within society. *Pernicious abuse* can lead a person into carrying out acts such as **covert psychological murder**, or perhaps even **covert psychological manslaughter** - something which is very real, insidious in nature but unfortunately unrecognized and virtually unquestioned. Psychological murder can take many forms but the type I'm really referring to is of a covertly narcissistic and/or sociopathic nature. **It may be too difficult for some people to be able to comprehend but it does happen and I've seen it happen.** Narcissistic/Sociopathic (narcopathic) abuse takes place when a narcissist or sociopath (or narcopath) attempts to convince someone who has discovered their unbelievably shallow secrets, gradually over time, that they are crazy and proceeds to manipulate them into keeping quiet or to ultimately face their wrath. They use techniques such as crazy-making, character assassination and **Gaslighting in order to get their victim(s) to question his or her sanity.** They generally do so by ostracizing the victim while continuing to act out their part, expertly hiding their truly outrageous behavior, whilst successfully having everyone around them fooled – everything is done to appease those around them while their manipulative and controlling tactics take place behind the scenes, in back offices, clinics, etc outside of people's awareness. **The victim is forced to question their sanity because they don't realize that they are the victim because everything done to manipulate them is done outside of their conscious awareness.** The longer time goes on and the longer **when the victim tries to do something about it, the more severe the abuse becomes. The narcissist/sociopath has already built an army of unwitting abusers who all help to drive the victim crazy.** The long-term consequences of these actions are devastating, soul crushing and reality-shattering leading to [VA medical provider, induced] suicide. **Moreover, psychological forms of abuse such as Gaslighting, mental rape, slander, defamation and distortion campaigns, minimizing and dehumanizing a person's humanity are done so covertly and expertly that they are very rarely identified early enough or oftentimes not even after s/he has gone insane or accomplished a successful suicide.** The abuser, when carrying out these covert tasks, is faceless and undercover.

Narcopathic Abuse

Victims of this type of abuse are commonly left with no resources they can use to escape the situation such as veterans who are trapped in VA with no other place to go. In most cases the abuser has turned the victim's family and friends against them, due to the malicious web of lies and deceit she or he has woven. **The victim is trapped with no way out... or at least that is what they are made to believe.** Although victims go through what can only be described as being dragged through hell backwards, narcissistic and

sociopathic abuse via heightened communication is so difficult to spot on the human radar of perception that ***the victim is usually left scratching their head wondering what the hell just happened?*** They question their reality asking in self-doubt, "is it me?" and are made to believe that they are the problem. In many cases the victim may turn to drugs or alcohol as a means of escape. The stress they are forced to endure can be so severe that if they don't find some kind of release in order to feel a sense of escape, they continue to build up with overwhelming tension, anxiety, emotional suffering and may develop an overactive mind which can literally drive them crazy. That is post traumatic stress disorder (PTSD), which if the victim has not gotten help leads to suicide to end the madness and pain.

Psychological Murder

The abuser never quits abusing and the victim's self-esteem wears down to the core until a victim goes through a process of devaluation, dehumanization and dissociation. ***The victim has been made to feel and believe that s/he is nothing in this world,*** now have nothing, now have no meaning, nowhere to go and nobody wants them any more except for the narcissistic/sociopathic abuser who can now use the victim as their emotional/mental slave. The narcopath is now their God. ***The process is so insidious, subliminal and it happens so gradually that it can take place over the course of ten or twenty or even thirty years or more.*** The victim knows that even if they did escape the situation the abuser would probably continue to ruin the rest of their life or future relationships anyway and in many cases after the partner has left, the abuser continues to drive them crazy while gradually destroying their reputation, their life and their soul - often referred to as *soul murder*. ***This is reason many codependent victims believe they have no choice but to continue suffering VA abuse and may feel that the damage is already done.*** Some victims may ultimately decide to continue to pump as much alcohol or drugs into their system as possible. This way s/he can use it not only as a form of escapism but also to slowly kill selves [***suicide on the installment plan***] so that the person can reach the point that a victim has to suffer the abuse no longer. Others may not turn to substance abuse but may end up suffering fatal medical issues or medical suicide because of the abuse, which alone leads to death as a result of pernicious abuse. Some may have given up on their hopes of escape and may have just accepted things the way they are (as ***conditioned or learned co-dependence***) but unless they are an inverted narcissist, when stress eventually takes its toll it arrives via disease and death. Stress is well known to cause a myriad of health problems, both mental and physical, many of which are fatal. Ultimately, the victim takes his or her knowledge of their ***covert psychological murder*** to the grave which forever remains the perfect murder & crime inside the mind of an abuser.

That paragraph explicitly explains VA, induced suicide and why so many veterans die by it after undergoing the aforementioned criminal torture. I did and lived to write about it. 24 US veterans died by suicide on VA premises during an 18 month span from 2017-2019. These were outright vociferous protests written in veteran blood. Amerika refuses to hear their screams. These were minimally reported by American media. Far more died off campus or near it than were newsworthy and remain censored in US. One can find censored materials when using out of country uncensored net access. US hides national shame of the veteran suicide epidemic from American public, Congress and just about everyone else that can censor. VA plays phony bingo game numbers as subterfuge of 18 one day, 20 another and finally settling on the magic number 22. The agency submits cooked figures to congressional and oversight committees, sandbags suicide epidemic information to hide its crimes in contributing and causing these deaths. ‘**Liars will figure and VA figures lie**’ is VA’s mission statement to hide, red herring’ and briar patch anyone who earnestly investigates their lies for truth. Most lazy, incompetent American mass media simply parrots incorrect figures without investigation. American mass media and VA have the integrity of a dead cockroach drying in wall paint. No disrespect to roach, wall or paint. Facts: the three American states with highest vet suicides are Texas, California, and Florida. These are completely omitted from VA figures. Suicides relabeled as accidents, alcohol and drug dependence, homelessness, personal neglect and mistreatment, failure to thrive and depression, risky behavior, using old, outdated figures, VA induced suicide and anything post hoc their argument to VA’s favor! Much more is completely omitted from VA suicide statistics unless the data enhances their figures to VA benefit. In other words ‘**liars will refigure the cooked books and VA figures lie to a fault.**’ Most people and Socialist, American, mass media, so called authorities like the Pew and Rand foundations are so lazy not to even verify the facts before shilling VA propaganda to the world as gospel truth!

Suicide is not cowardly; it ends living a painful life. Cowardly is when a person, group or institution abuses a person so badly s/he takes their life to escape the torture and pain. US Dept of Veterans Affairs is one such cowardly, abusive, institution.

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